

# NC CC Metsovo 5km Women

## Distance ID Official ranking

### COMPETITION JURY

|                    |                     |       |
|--------------------|---------------------|-------|
| TECHNICAL DELEGATE | TSOUREKAS Timoleon  | (GRE) |
| CHIEF OF RACE      | TSOUREKAS Apostolos | (GRE) |

### TECHNICAL DATA

|                        |              |
|------------------------|--------------|
| COURSE                 | Milia Course |
| HIGHEST POINT          | 1324 m       |
| LOWEST POINT           | 1316 m       |
| HEIGHT DIFFERENCE (HD) | 8 m          |
| TOTAL CLIMB (TC)       | 19 m         |
| MAXIMUM CLIMB (MC)     | 19 m         |
| RACE DISTANCE          | 5,000 km     |
| HOMOLOGATION           | 19/46.01/1.2 |

LOCATION : Milia Course

STYLE : Free

WEATHER : Sunny SNOW : COLD

TEMPERATURE: SNOW : 0,0°C AIR : 0,0°C

LIST n°624

F = 800

Records : 12

At Start : 11

Did Not Finish : 1

Disqualified : 0

At Finish : 10

| Rank | Bib | Code EOXΑ | Επώνυμο | Όνομα | Year | Club | Time | Gap |
|------|-----|-----------|---------|-------|------|------|------|-----|
|------|-----|-----------|---------|-------|------|------|------|-----|

### Nation: GRE

|   |    |          |                  |             |      |     |         |         |
|---|----|----------|------------------|-------------|------|-----|---------|---------|
| 1 | 38 | 13520104 | ΧΑΡΑΛΑΜΠΙΔΟΥ     | Κωνσταντίνα | 2002 | ΔΡΑ | 17:10.0 |         |
| 2 | 37 | 20920025 | ΤΙΤΑ             | Νεφέλη      | 2003 | ΑΟΦ | 18:06.3 | 56.3    |
| 3 | 41 | 20920034 | ΛΑΔΟΠΟΥΛΟΥ       | Παρασκευή   | 1979 | ΑΟΦ | 18:06.6 | 56.6    |
| 4 | 39 | 11020268 | ΤΣΙΑΡΚΑ          | Γεωργία     | 2008 | ΝΑΟ | 18:14.8 | 1:04.8  |
| 5 | 40 | 20920041 | ΡΟΖΑ             | Χριστίνα    | 2008 | ΑΟΦ | 18:31.3 | 1:21.3  |
| 6 | 35 | 13520519 | ΚΩΣΤΟΥΛΗ         | Αριάδνη     | 2007 | ΔΡΑ | 18:59.1 | 1:49.1  |
| 7 | 36 | 11020265 | ΤΣΙΑΤΣΙΟΥ        | Λυδία       | 2007 | ΝΑΟ | 20:42.0 | 3:32.0  |
| 8 | 32 | 11020280 | ΠΑΠΑΓΙΑΝΝΟΠΟΥΛΟΥ | Ευαγγελία   | 2008 | ΝΑΟ | 23:52.5 | 6:42.5  |
| 9 | 31 | 11020267 | ΙΤΣΙΟΥ           | Μαρία       | 2006 | ΝΑΟ | 28:24.1 | 11:14.1 |

Did Not Start (1)

|    |          |         |           |      |      |
|----|----------|---------|-----------|------|------|
| 33 | 23020010 | ΜΠΡΑΒΟΥ | Ευαγγελία | 2006 | ΑΛΕΞ |
|----|----------|---------|-----------|------|------|

Did Not Finish (1)

|    |          |        |            |      |     |
|----|----------|--------|------------|------|-----|
| 34 | 11020266 | ΒΑΙΚΟΥ | Αικατερίνη | 2007 | ΝΑΟ |
|----|----------|--------|------------|------|-----|

Technical Delegate