







# INVITATION



CC COACH EDUCATION
FIS & CHI ROLLERSKI RACES

Veria Greece 26 August - 1 September 2024 Dear Mr. President/G. Secretary Dear Ski friends,

Hellenic Winter Sports Federation is pleased to invite you to the FIS / SES CC Summer Rollerski Athlete and Coach Training Camp and SES FIS Rollerski Men & Women and CHI U15 & CHI U12 which would take place from 26<sup>th</sup> (arrival day) August to 1st (departure day) of September 2024 in City of Veria, Greece, according to the following.

### TRANING CAMP SES NATIONS

#### **Eligibility**

- Athletes must have active FIS Code
- Max. 2 male and 2 female athlete per SES National Ski Association with 1 Coach

#### **Equipment**

The athletes must use their own training equipment including rollerskies CL & FR, poles, boots, helmets and glasses. The use of helmets is obligatory at all trainings and competitions.

The OC will provide training rollerskis for camp participants up on request through registration form.

#### **COACH EDUCATION SES NATIONS**

#### **Eligibility**

SES National Ski Association Coaches

#### FINANCIAL CONDITIONS

#### **FIS/SES Development program**

The National Ski Association or their athlete must pay the costs for full board accommodation, pay their own transportation costs and personal expenditures (extras, drinks, laundry, telephones etc.).

The **FIS / SES** will provide subvention for three (3) persons, **including one male**, **one female and one trainer** with the total amount of 1.500 euro per NSA

FIS/SES Development Programme will cover the expenses

- 1. For all sports facilities
- 2. FIS Expert
- 3. The cost of transportation for those teams which are not coming by own car:
- from/to Thessaloniki airport (SMG) to/from Veria
- from/to the places of accommodation to/from the competition and training venue

#### **VENUE**

#### Veria

https://www.veria.gr/new/http://www.visitgreece.gr/el/main cities/veria

#### **CAMP & COMPETITION SCHEDULE**

Monday 26.08.24	Arrivals
<u>Tuesday 27 -</u> <u>Thursday 29 .08.24</u>	Training Camp & Coach Education
Friday 30.08.24	
09:00–11:00 20:30	Official Training TCM (Webinar)
Saturday 31.08.24	
09:30 10:30 11:30 12:00 12:30 13:00 20:30	MEN, 16 km FT Mass start WOMEN, 13 km FT Mass start CHI MALE U15, 5 km FT Mass CHI FEMALE U15, 5 km FT Mass Start CHI MALE U12, 2.5 km FT Mass Start CHI FEMALE U12, 2.5 km FT Mass start TCM (Webinar)
Sunday 01.09.24 09:30 10:30 11:30 12:30 13:30	WOMEN, 6.5 km FT MEN, 10 km FT CHI FEMALE, TSP: 3x1.2 km FT X 2 athletes CHI MALE, TSP: 3x1.2 km FT X 2 athletes Prize Giving Ceremony (Stadium) Departures

#### **COACH EDUCATION and TRAINING CAMP**

Daily Schedule (TBC)	
07:30 - Breakfast	
08:30 - BUS + Preparation	
09:00 – Training I	
<b>12:30</b> – Lunch	
<b>13:30</b> – Recovery	
16:00 – Video Sessions & Theory	
18:00 – Training II	
<b>20:00</b> – Dinner	

## REGISTRATION TRAINING CAMP

The entry forms by name have to be sent <u>at the latest</u> on **12th** <u>of August</u> **2024** to the following email addresses.

E-mails: info@hwsf.eu and tsourekas@hwsf.eu

The registration will be considered as follows: on a first come, first served basis of eligible athletes.

A registered athlete is obliged to attend the whole period of the training Camp. If he/she does not do so, the athlete will not be allowed to participate in future training camps organised by SES, except in case of injury. All NSAs who register will be notified of their participation by latest one week after the deadline.

#### **FIS ROL COMPETITION**

The entry forms by name have to be sent <u>at the latest</u> on **26th <u>of August</u> 2024** to the following email addresses.

E-mails: info@hwsf.eu and odytimekpr@gmail.com

#### **ACCOMMODATION - LODGING**

The booking of the rooms, via OC, have to be sent <u>at the latest</u> on **12th\_of August 2024.** on the following email addresses:

E-mails: <a href="mails:sxoverias@gmail.com">sxoverias@gmail.com</a> & <a href="mails:anastasiadesnikolaos@gmail.com">anastasiadesnikolaos@gmail.com</a>

#### **Seminar Place:**

#### **HOTEL Aiges Melathron** \*\*\*\*

New Regional Road Veria Naousa Veria 59132 tel. 23310-77777

E-Mail: info@aigesmelathron.gr

http:// www.aigesmelathron.gr

72 € / per single room including VAT and Breakfast

92 € / per double room including VAT and Breakfast

107 € / per triple room including VAT and Breakfast

Meal per prerson 15 €

#### **HOTEL Villa Elia \*\*\***

Hotel Veria 10 Elias Street Greece

Tηλ.: +30-23310 26800-1 Fax: +30-23310 21880 e-mail: eliaver@otenet.gr

http://www.hotel-villaelia.gr/en/hotel.html

53 € / per single room, including VAT and Breakfast

68 € / per double room, including VAT and Breakfast

83 € / per triple room, including VAT and Breakfast

Meal per prerson 15 € (provided to Hotel Aiges Melathron)

#### **PENSION Seli Refuge**

Ski Resort Seli

Tel: +30 233104927, +30 16937430130

Email:katafigioseli@gmail.com

110 euro/triple room, including breakfast

150 euro/ quadruple room, including breakfast

28 euro/ six-bed / per person, including breakfast

#### **HOTEL Le Bijou Luxury Rooms & Suites\*\*\***

Aristotelous 7, Veria 59132

Tel.: +302331066919, +30 695544715

Email: info@lebijou.gr 55 € / per double room

#### **ORGANIZING COMMITTEE**

**SES NATIONS** 

Host organization: Hellenic Winter Sport Federation, Veria Ski Club

President of the O.C.: GYROUSIS Dimosthenis

Vice President of the O.C.: KOUKOUTEGOU Aikaterini (+306972928887) Sport Director: TSOUREKAS Timoleon (tsourekas@hwsf.eu, +306937210683 Camp Coordinator: ANASTASIADIS Nikolaos (anastasiadesnikolaos@gmail.-

com, +30 693 728 8389)

#### **RACE JURY**

FIS TD TSIRI Aikaterini (+306982397407)

Chief of Competitions KOUKOUTEGOY Aikaterini Nat TD ANASTASIADIS Nikolaos

#### **COMPETITION RULES**

The competitions will be held according to FIS ICR 2024. Particularly for the equipement rules, article 396 (ICR) is applied. The OC may to provide rollerskis to the parricipants.

#### **LIABILITY & INSURANCE**

The organizer will not be held liable for any injuries to health, accidents, or damages including those caused by foreign or own competitors, or by third parties during the training and competitions.

All participants must have adequate health, accident, and liability insurance. By submitting the Entry by Names, the National Federation confirms the existence of the required insurance for all persons registered and deployed.

#### **LOGISTICS-TRANSPORT**

#### By plane

MAKEDONIA Airport (SKG), Thessaloniki GRE ( <a href="http://www.thessalonikiairport.com">http://www.thessalonikiairport.com</a> )

The Organizing Committee is able to ensure transport of the teams from the Thessaloniki airport (SKG), only. One transport to Veria and back is free of charge and covered by the FIS/SES .Additional transport have to be payed.

Transport requests must be submitted to the OC together with the entry by numbers and including the number of flight, time of arrival, number of people and amount of baggage by 12 August 2024.

#### By car

- 1. Via E75 E90 (www.viamichelin.com Thessaloniki to Veria Imathia)
- 2. Via E75 E90 (www.viamichelin.com Athens to Veria Imathia)
- 3. Via E75 (www.viamichelin.com Evzonoi to Veria Imathia)

#### **DEAD LINES**

Entry form by names, **training camp**Entry form by number
12 August 2024
26 August 2024
26 August 2024

#### **VISA**

In case you need any assistance with getting visa entrance to Greece do not hesitate to contact with

#### **Hellenic Winter Sports Federation**

71, Patision str. 10434- GRE Athens Greece

Fax: +302103230142 tel.: +302103220182 Email: info@hwsf.eu

Website: www.wintersports.gr

#### **POSTPONEMENT or CANCELLATION:**

In case the camp has to be postponed or cancelled, all camp participants will be informed as quickly as possible. Please note that FIS(SES) will not take on any costs incurred by the National Ski Association in case of a postponement or cancellation of the camp.

#### **WEATHER INFORMATION**

#### **Web Links**

http://www.freemeteo.com http://www.meteo.gr/cf.cfm?city\_id=149

#### **COVID19 RESTRICTIONS**

**According government statements:** 

http://www.visitgreece.gr/en/home/about covid 19 https://travel.gov.gr/#/

#### **COURSES**

Agia Varvara control dam - Haliacmon river <a href="https://www.google.com/maps/place/Agia+Varvara+control+dam+-+Haliac-mon+river/@40.4984143,22.2581733,15z/data=!3m1!4b1!4m5!3m4!1s0x1357f3cdeb63c811:0x529c9a10">https://www.google.com/maps/place/Agia+Varvara+control+dam+-+Haliac-mon+river/@40.4984143,22.2581733,15z/data=!3m1!4b1!4m5!3m4!1s0x1357f3cdeb63c811:0x529c9a10</a>



